

## 500m TT Times

	Wk1	Wk3	Difference	Wk5	Difference	Wk7	Difference
	500TT	500TT		500TT		500TT	
Conor Shearing	34.59	35.274	0.684	34.54	-0.734	33.613	-0.927
La'chlan Robertson	36.058	36.79	0.732	36.462	-0.328	35.9	-0.562
James Jubb	0	37.12	37.12	36.72	-0.4	36.34	-0.38
Mitchell Fitzsimmond	0	0	0		0	36.34	36.34
Jack Pedler	37.751	38.125	0.374	37.696	-0.429	37.305	-0.391
Quinn Naylor	37.812	37.51	-0.302	37.517	0.007	37.517	0
Ronan Shearing	38.57	38.451	-0.119	37.597	-0.854	37.597	0
Sophie Bloxham		37.699	37.699	37.699	0	37.699	0
Cody Harvey	38.07	38.417	0.347	37.831	-0.586	37.831	0
Jake Willis	38.471	38.679	0.208	38.632	-0.047	37.91	-0.722
Kerry Russell	39.377	39.405	0.028	38.668	-0.737	37.987	-0.681
Navarh Brotherston	37.895	37.558	-0.337	37.691	0.133	38.152	0.461
Josh Miller	38.754	38.113	-0.641	37.953	-0.16	38.171	0.218
Sam Spencer	37.971	38.327	0.356	39.278	0.951	38.3	-0.978
Nicole Marshall	38.416	38.416	0	38.416	0	38.416	0
Sam Miller	0	38.497	38.497	38.497	0	38.497	0
Emily Paterson	39.777	38.798	-0.979	38.591	-0.207	38.591	0
Tienke Venter	0	39.96	39.96	39.96	0	38.6	-1.36
Brad Harris	38.821	38.951	0.13	38.951	0	38.951	0
Tyla Green	39.615	39.652	0.037	39.425	-0.227	39.35	-0.075
Rikki Griffin		39.384		39.384	0	39.384	0
Brendan Akeroyd		39.612		39.612	0	39.612	0
Regan Dunne	0	39.634	39.634	39.634	0	39.634	0
Rhylee Akeroyd	40.827	41.014	0.187	39.718	-1.296	39.718	0
Helena Rikiti	39.873	39.873	0	39.873	0	39.873	0
Jennifer Brown	41.145	40.709	-0.436	40.572	-0.137	39.9	-0.672
Liam Cruickshank	41.37	40.342	-1.028	40.063	-0.279	40.063	0
Erin Criglington	39.873	39.953	0.08	39.953	0	40.07	0.117
Marshall Erwood	39.97	40.404	0.434	39.862	-0.542	40.142	0.28
Alana Breen	41.77	42.158	0.388	41.658	-0.5	40.47	-1.188
Ciara Kelly	41.43	41.621	0.191	41.333	-0.288	40.6	-0.733
Natalie Green	0	41.152	41.152	41.152	0	40.867	-0.285
Caitlin Breen	42	42.295	0.295	41.387	-0.908	40.895	-0.492
Pearl Harris-Blain	41.768	41.766	-0.002	41.158	-0.608	41.158	0
Morgan Borrie	42.694	41.416	-1.278	41.613	0.197	41.163	-0.45
Jessica Spencer	41.778	41.873	0.095	41.354	-0.519	41.18	-0.174
Jaz McLeod	42.23	42.031	-0.199	42.092	0.061	41.366	-0.726
Jade Cameron	42.328	41.547	-0.781	41.982	0.435	41.42	-0.562
Ben Mulholland	43.05	43.05	0	41.642	-1.408	41.642	0
Liam Bergius	43.8	43.523	-0.277	42.866	-0.657	41.669	-1.197
Hayley Paterson	42.137	41.91	-0.227	42.419	0.509	41.81	-0.609
Davi Frew	43.054	43.611	0.557	43.37	-0.241	41.93	-1.44
Reuben Heslip	42.2	42.157	-0.043	41.703	-0.454	42	0.297
Nicola Stevens	42.992	43.109	0.117	43.109	0	42.109	-1
Conrad Clark	42.66	42.32	-0.34	42.373	0.053	42.373	0
Jesse Willis	42.48	42.54	0.06	42.54	0	42.54	0
Jack McLeod	45.8	45.217	-0.583	44.705	-0.512	43.526	-1.179
Kayne Borrie	45.22	45.328	0.108	43.717	-1.611	43.543	-0.174
Caitlin Kelly	44.1	44.632	0.532	44.903	0.271	43.719	-1.184
Grace Griffin	43.85	44.007	0.157	44.207	0.2	43.75	-0.457
Hamish Turnbull	0	44.073	44.073	44.073	0	44.073	0
Magnus Jamieson	43.65	44.632	0.982	43.949	-0.683	44.4	0.451
Olivia McCabe	46.5	46.417	-0.083	44.746	-1.671	44.566	-0.18
Greer Peterson	45.98	46.883	0.903	46.272	-0.611	44.6	-1.672
Sonya Barton	0	44.883	44.883	44.883	0	44.883	0
Lillie McIntyre	44.5	44.594	0.094	45.264	0.67	45.264	0
Finn Edwards	47.12	48.033	0.913	46.493	-1.54	45.3	-1.193
Hadley Sheehy	49.07	48.162	-0.908	46.908	-1.254	45.916	-0.992
Adelle Stevenson	46.893	46.883	-0.01	44.746	-2.137	46.877	2.131
Lucy Griffin	49.1	48.815	-0.285	49.193	0.378	47.311	-1.882
Kate Russell	49.48	49.013	-0.467	49.105	0.092	47.89	-1.215
Oliver Borrie	47.6	47.6	0	44.746	-2.854	47.93	