

500m TT Times

| | Wk1 | Wk3 | Difference | Wk5 | Difference | Wk7 | Difference |
|---------------------|--------|--------|------------|--------|------------|--------|------------|
| | 500TT | 500TT | | 500TT | | 500TT | |
| Conor Shearing | 0 | 0 | 0 | 34.14 | 34.14 | 33.79 | -0.35 |
| NavarhBrotherston | 35.673 | 35.783 | 0.11 | 35.353 | -0.43 | 34.96 | -0.393 |
| Quinn Naylor | 36.96 | 36.766 | -0.194 | 36.11 | -0.656 | 35.109 | -1.001 |
| Dillion Day | 0 | 0 | 0 | 35.377 | 35.377 | 35.377 | 0 |
| Josh Miller | 36.935 | 36.633 | -0.302 | 37.025 | 0.392 | 36.406 | -0.619 |
| James Jubb | 0 | 36.454 | 36.454 | 36.454 | 0 | 36.454 | 0 |
| Connor Douglas | 36.795 | 36.795 | 0 | 36.795 | 0 | 36.499 | -0.296 |
| Jake Willis | 37.815 | 36.617 | -1.198 | 36.599 | -0.018 | 36.774 | 0.175 |
| Marshall Erwood | 37.712 | 36.992 | -0.72 | 36.692 | -0.3 | 37.108 | 0.416 |
| Cody Harvey | 37.748 | 37.533 | -0.215 | 37.645 | 0.112 | 37.129 | -0.516 |
| Ronan Shearing | 37.785 | 37.785 | 0 | 37.785 | 0 | 37.315 | -0.47 |
| Sophie Leigh | 38.861 | 38.238 | -0.623 | 37.767 | -0.471 | 37.474 | -0.293 |
| Emily Paterson | 0 | 0 | 0 | 0 | 0 | 37.607 | |
| Tyla Green | 39.477 | 38.631 | -0.846 | 38.658 | 0.027 | 38.193 | -0.465 |
| Louis Hodgkinson | 38.463 | 38.442 | -0.021 | 38.067 | -0.375 | 38.315 | 0.248 |
| Conrad Clark | 38.453 | 38.688 | 0.235 | 38.352 | -0.336 | 38.383 | 0.031 |
| Kerry Russell | 38.929 | 38.453 | -0.476 | 38.585 | 0.132 | 38.405 | -0.18 |
| Tienke Venter | 40.703 | 39.721 | -0.982 | 39.721 | 0 | 38.433 | -1.288 |
| Reuben Heslip | 39.497 | 38.808 | -0.689 | 38.808 | 0 | 38.434 | -0.374 |
| Jesse Willis | 39.133 | 42.104 | 2.971 | 38.766 | -3.338 | 38.56 | -0.206 |
| Hayden Thompson | 0 | 38.653 | 38.653 | 38.653 | 0 | 38.653 | 0 |
| Brad Harris | 38.767 | 38.767 | 0 | 38.767 | 0 | 38.767 | 0 |
| Liam Bergius | 40.018 | 39.491 | -0.527 | 39.111 | -0.38 | 39.357 | 0.246 |
| Rhylee Akeroyd | 40.737 | 40.209 | -0.528 | 40.209 | 0 | 39.546 | -0.663 |
| Jessica Spencer | 40.105 | 39.968 | -0.137 | 40.036 | 0.068 | 39.565 | -0.471 |
| Liam Cruickshank | 39.798 | 39.798 | 0 | 39.798 | 0 | 39.798 | 0 |
| George Manson | 42.043 | 40.483 | -1.56 | 40.527 | 0.044 | 39.842 | -0.685 |
| Hadley Sheehy | 42.43 | 41.101 | -1.329 | 40.89 | -0.211 | 39.844 | -1.046 |
| Roger Nicholas | 39.975 | 39.975 | 0 | 39.975 | 0 | 39.975 | 0 |
| Mitchel Fitzsimons | 0 | 39.993 | 39.993 | 39.993 | 0 | 39.993 | 0 |
| Ben Mulholland | 39.856 | 40.062 | 0.206 | 39.856 | -0.206 | 40.032 | 0.176 |
| Natalie Green | 40.568 | 39.776 | -0.792 | 39.776 | 0 | 40.107 | 0.331 |
| Erin Criglington | 40.829 | 40.832 | 0.003 | 40.372 | -0.46 | 40.372 | 0 |
| Grace Griffin | 42.281 | 41.268 | -1.013 | 41.189 | -0.079 | 40.407 | -0.782 |
| Alana Breen | 41.308 | 41.278 | -0.03 | 41.423 | 0.145 | 40.6 | -0.823 |
| Ciara Kelly | 40.904 | 40.338 | -0.566 | 39.928 | -0.41 | 40.714 | 0.786 |
| Charlie Tinoai | 44.853 | 44.853 | 0 | 41.855 | -2.998 | 40.774 | -1.081 |
| Caitlin Kelly | 41.307 | 41.661 | 0.354 | 41.325 | -0.336 | 40.849 | -0.476 |
| Morgan Borrie | 0 | 39.023 | 39.023 | 40.859 | 1.836 | 40.859 | 0 |
| Pearl Harris-Blain | 41.206 | 41.314 | 0.108 | 40.747 | -0.567 | 40.988 | 0.241 |
| Chris Thomas | 0 | 40.689 | 40.689 | 40.767 | 0.078 | 41.002 | 0.235 |
| Hunter Thompson | 43.318 | 42.517 | -0.801 | 41.046 | -1.471 | 41.012 | -0.034 |
| Jenny Brown | 40.566 | 40.566 | 0 | 41.098 | 0.532 | 41.098 | 0 |
| Jade Cameron | 40.849 | 40.966 | 0.117 | 41.14 | 0.174 | 41.113 | -0.027 |
| Nic Stevens | 42.161 | 42.527 | 0.366 | 41.588 | -0.939 | 41.13 | -0.458 |
| Jaz McLeod | 42.175 | 41.895 | -0.28 | 41.434 | -0.461 | 41.204 | -0.23 |
| Kayne Borrie | 40.722 | 40.722 | 0 | 41.205 | 0.483 | 41.205 | 0 |
| Caitlin Breen | 0 | 43.264 | 43.264 | 41.325 | -1.939 | 41.325 | 0 |
| Trevor McRae | 0 | 41.374 | 41.374 | 41.374 | 0 | 41.374 | 0 |
| Tom Kerr | 43.351 | 43.351 | 0 | 43.351 | 0 | 41.446 | -1.905 |
| Hayley Paterson | 42.044 | 42.044 | 0 | 43.077 | 1.033 | 41.872 | -1.205 |
| Finn Edwards | 43.371 | 42.215 | -1.156 | 42.601 | 0.386 | 41.912 | -0.689 |
| Xavier Fraser | 0 | 42.899 | 42.899 | 43.491 | 0.592 | 42.363 | -1.128 |
| Liam Ramsay | 46.16 | 45.505 | -0.655 | 45.297 | -0.208 | 42.46 | -2.837 |
| Nathan Cruickshank | 42.49 | 42.49 | 0 | 42.49 | 0 | 42.49 | 0 |
| Jack McLeod | 42.718 | 42.104 | -0.614 | 43.002 | 0.898 | 43.045 | 0.043 |
| Olivia McCabe | 45.35 | 44.916 | -0.434 | 43.694 | -1.222 | 43.229 | -0.465 |
| Hunter Gough | 38.952 | 38.737 | -0.215 | 38.737 | 0 | 43.257 | 4.52 |
| Magnus Jamieson | 43.686 | 43.686 | 0 | 42.776 | -0.91 | 43.375 | 0.599 |
| Lillie McIntyre | 44.593 | 44.446 | -0.147 | 44.638 | 0.192 | 44.638 | 0 |
| Scott Henderson | 46.834 | 46.834 | 0 | 46.197 | -0.637 | 44.833 | -1.364 |
| Greer Peterson | 45.2 | 45.937 | 0.737 | 45.2 | -0.737 | 45.305 | 0.105 |
| Nicole Avery | 0 | 46.45 | 46.45 | 45.582 | -0.868 | 45.582 | 0 |
| Sonya Barton | 45.889 | 46.217 | 0.328 | 45.728 | -0.489 | 45.728 | 0 |
| Oliver Borrie | 47.045 | 47.045 | 0 | 46.129 | -0.916 | 45.893 | -0.236 |
| Lucy Griffin | 47.019 | 45.931 | -1.088 | 46.461 | 0.53 | 46.163 | -0.298 |
| Kate Russell | 47.756 | 46.997 | -0.759 | 46.197 | -0.8 | 46.43 | 0.233 |
| Adelle Stevenson | 46.052 | 47.201 | 1.149 | 47.208 | 0.007 | 46.588 | -0.62 |
| Davi Frew | 43.756 | 43.538 | -0.218 | 48.752 | 5.214 | 46.677 | -2.075 |
| Max Tinoai | 49.035 | 49.035 | 0 | 47.714 | -1.321 | 46.898 | -0.816 |
| Brooklyn Bavin | 48.457 | 47.022 | -1.435 | 47.022 | 0 | 47.022 | 0 |
| Deirdre Cochrane | 0 | 48.016 | 48.016 | 47.777 | -0.239 | 47.777 | 0 |
| Jacob Hogan | 47.933 | 48.751 | 0.818 | 47.933 | -0.818 | 48.16 | 0.227 |
| Poppy Mclvor | 52.57 | 50.159 | -2.411 | 50.052 | -0.107 | 48.305 | -1.747 |
| Caleb Moss | 48.251 | 46.476 | -1.775 | 47.778 | 1.302 | 48.776 | 0.998 |
| Robert Kidd | 52.129 | 49.781 | -2.348 | 49.553 | -0.228 | 49.341 | -0.212 |
| Marc Paisley | 52.086 | 50.879 | -1.207 | 50.097 | -0.782 | 49.9 | -0.197 |
| Sofia Campbell-Wall | 52.135 | 52.135 | 0 | 51.322 | -0.813 | 50.793 | -0.529 |
| Sage Brand | 50.725 | 50.725 | 0 | 52.493 | 1.768 | 51.761 | -0.732 |
| Lachlan Kelly | 52.051 | 53.606 | 1.555 | 52.938 | -0.668 | 51.917 | -1.021 |
| Emily Forsythe | 52.77 | 52.77 | 0 | 52.77 | 0 | 52.77 | 0 |