

Track Operations and Safety:

- **Beginner, Learn to Ride or Accreditation Sessions:**
 - Only riders who are new or in the process of accreditation to ride.
 - No accredited riders in these sessions.
- **Open Rolls:**
 - No coaching during Open Roll sessions.
 - Sometimes Open Rolls naturally end up with a leader or 'captain', however formal coaching & 'efforts' must not take place.
 - Drop bars only – no aero-bars during open sessions.
- **Coaches:**
 - Only Cycling Southland endorsed or CNZ accredited coaches to coach on the velodrome.
 - Private groups or closed sessions will need to make sure they are aware and provide the necessary accredited coaches.
- **People in the infield:**
 - Only authorised people to be there. [Parents etc do not need to be there].
 - On occasions coaches may authorise people to be there for specific reasons ie assistant coaches – however this needs communicating with Cycling Southland staff.
 - School groups: Teachers may need to be in the infield if there is a behavioural, safety or medical issue to deal with. Not just because it is their class.
 - Everyone accessing the infield MUST be authorised by the lead coach or that session.
- **Incident Reports:**
 - They need completing on the day of the incident or near miss.
- **Checking the track:**
 - Always check the track after a fall/crash and report accordingly.
 - Report damage to reception or CS Office.
- **Clothing:**
 - Only wear appropriate clothing for a session.
 - NO jeans, work-boots or inappropriate clothing to be worn on the track.
 - Tight cycling long pants are OK – not jeans.
 - Shoulders must be covered – NO vests.
- **Footwear:**
 - NO bare feet, sandals or jandals on the bikes or trikes.
 - Remove cleated shoes when 'handling' a rider or walking on the track.
- **Electronic Devices:**
 - Watches are not to be worn while riding on the track
 - Riders must not carry objects on them or in their bicycles that could drop onto the track
 - Cycle computers may be carried in a zipped rear pocket by the rider although it is not recommended
 - Cycle computers or any electronic devices with display must be hidden so it cannot be read by the riders – NO exceptions.
 - Music players or radio communication systems must not be used while on the track.

Reference UCI regulations rule 3.2005



Track Operations and Safety:

- **Helmets:**
 - To be worn always while riding a bike or trike anywhere around and in the velodrome.
 - Appropriate helmets for track riding ie no full face or peaks.
- **Tidiness:**
 - Tidy up and put your stuff away: Make sure you clean up after coaching sessions.
 - All equipment to be put away in the appropriate place ie rollers and bikes.
- **Food:**
 - If food is taken into the infield or track, it must be contained and cleared up.
 - No chewing gum to be used in the infield or track.
- **Water:**
 - Water should not be taken onto the track: Leave at the D.
- **Bikes:**
 - CS or personal track bikes only to be used.
 - No road, MTB or BMX bikes on the track unless they are approved by Cycling Southland staff for specialist sessions.
 - Do not remove pedals, gears or wheels from CS bikes unless approved by CS staff.
 - Report damage or faults to CS reception upon finding.
 - No aero-bars during open rolls or bunch sessions. Unless specific training protocols are in place ie team pursuit training etc.
- **General:**
 - First aider on site at all opening times. All endorsed coaches need a current first aid cert.
 - Track controller on site for Open Rolls during 'out of hours' sessions.
 - Coaches must be able to see the riders across the track in order to respond quickly to incidents.
 - Coaches, assistants or other officials must not stand with their backs to riders who are on the track.
 - Please avoid walking or standing on the track with cleated shoes as much as possible.
- **CS Coach Endorsement:**
 - Accountable to Cycling Southland – Programmes & Development Coordinator and GM.
 - Have attained or working towards CNZ accreditation modules. (CS will facilitate this).
 - Code of Conduct/ C&VAP Policy/ Track Safety/ JD signed off every 2 years.
 - Police Vetted every 2 years.
 - Current First Aid Cert (normally recert within 2 years).
 - Attend 2 PD modules per year.
 - Attend 4 Coach Meetings annually.
 - Lead or assist coaching with another code – desirable not essential.
- **Derny/Motorcycle use**
 - Only coaches who have been approved/signed off by Cycling Southland can ride a Derny/Motorbike on the track.

Name:.....Signed:.....Date:.....