



Southern Cup Incorporating ILT Southland Track Championships 2026

Event Manual

WELCOME

On behalf of Cycling Southland, it is our pleasure to welcome riders, coaches, officials and supporters to the 2026 Southern Cup Incorporating Southland Track Championships at the Invercargill Velodrome in Invercargill.

We look forward to a great event and hope you have an enjoyable time during the Championships.

This manual provides useful information for all riders, coaches, parents and officials.

KEY CONTACTS

EVENT MANAGER (CS)	Lucy Grant
CHIEF COMMISSAIRE	Erin Criglington
ASSISTANT COMMISSAIRES	Neil Jamieson
	Nicola Stevens

EVENT PARTNERS:



EVENT SCHEDULE

Location: Invercargill Velodrome, Invercargill

Friday 5th December

1:00pm: Velodrome Opens for Set Up

1:00pm: Open Roll/ Express Accreditation (Invercargill Velodrome)

Cost \$20 per rider pre-register - <https://www.webscorer.com/register?raceid=413872>

3:30pm: Sign in, and collection of race numbers from the table at the top of the tunnel.

4:00pm: Track open for warm up (closed at 4:40pm)

4:50pm: NZ Record Attempts

5:00pm: Racing Starts

Saturday 6th December

7:30am: Velodrome opens for infield access

8:00am: Warm up for morning session (closed at 8:50am)

9:00am: Racing starts

1:00pm: Break (approx. time and may change)

2:00pm: Racing continues

Sunday 7th December

7:30am: Velodrome opens for set up

8:00am: Warm Up starts

8.50am: Warm Up ends

9:00am: Racing Starts

2:00pm: Racing Ends (approximately)

EVENT PROGRAMME

A Provisional Programme will be available [here](#). Please note that this is subject to change.

EVENT INFORMATION

All event information can be found [here](#) (and is regularly updated).

SIGN ON

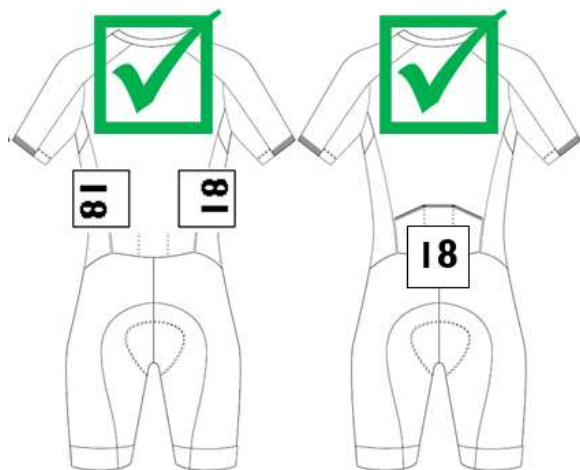
All riders are required to sign on at the top of the tunnel entrance from 3:30pm Friday December 5th.

RACE NUMBERS

All riders are issued with two race numbers.

Riders shall wear two body numbers except for Team Pursuit and Team Sprint, where one number shall be worn.

Numbers must be placed on either side of the lower back of the top on a 90 degree angle as shown below.



VENUE ACCESS

The Invercargill Velodrome infield will be open for set up through the tunnel entrance from **1:00pm on Friday 5th December**. Access to the infield will be controlled and access will only be permitted for riders and people named by their club.

Cycling Southland limits infield access for health, safety, and development. The two main reasons why they limit infield access during certain sessions:

- Health & Safety; additional people in the infield can create congestion, potentially impacting coaches' ability to supervise and ensure a safe environment. Infield access must also be monitored in case of emergency situations, hence all visitors entering the infield must sign in at the sign on desk.
- Junior Development: for our junior programmes specifically, limited infield access allows young

Athletes to develop self-managing and problem-solving skills. This translates to independence, confidence and better decision making on the track, ultimately making them well rounded athletes.

HANDLERS

Clubs may appoint a maximum of 1 handler per 5 riders to assist with holding, coaching and management of their club. Clubs are to appoint a Team Manager and email that too –

office@cyclingsouth.org.nz

TRACK ACCESS

To help with the flow of the event, please ensure riders enter the track from the back straight except for Keirin riders and 515m Scratch riders who must draw positions and enter from the front straight.

SPECTATORS

All sessions a donation is required at the entrances to the stands for spectators to watch.

WARM UP SESSIONS

There will be a warmup session on Friday afternoon and Saturday morning (times in the programme). Approximately 10 minutes prior to the scheduled session start time, a Commissaire will blow a whistle for the riders to exit the track. Please adhere to the instructions of the Commissaires at all times.

INFIELD GYM

Please note that the infield gym will be closed to all riders during event times. No access will be granted at any time.

PARKING

Parking is available at the venue (ILT Stadium Southland). The venue accepts no liability for any damage to any vehicles parked in or otherwise using the car parking area.

PIT AREAS

Clubs will have a designated pit area in the infield. The pit includes chairs and a table. Bike racks are available to be shared.

- Please do not uplift furniture or equipment from other club's pits.
- Please ensure the walkways are kept free of equipment to allow unimpeded access at all times.
- There is to be no riding of bikes in the pit area.
- No glass in the infield.
- Please use the rubbish and recycling bins provided, and keep your pit area tidy.
- The event holds no responsibility for the security of your belongings.

TRACK ACCREDITATION

All riders are required to be accredited to the Velodrome to confirm participation. To book an accreditation session, please contact office@cyclingsouth.org.nz

BIKE HIRE

There are a limited number of bikes available to hire during the event. Please contact Cycling Southland for cost and to arrange on office@cyclingsouth.org.nz.

RULES

The event will be run under Cycling NZ Rules which can be found [here](#).

GEARING

See Cycling New Zealand Rules for full details [here](#).

RESULTS

Provisional results will be printed and posted on the Results board on the infield.

Please note these are provisional and any **queries are to be made by the named Team Manager only** directly to the Chief Commissaire.

Any Protests are to be submitted in writing (see form at back of manual) and will be reviewed by the Disputes Panel. The Disputes Panel is made up of the Event Manager, Technical Delegate, Chief Commissaire, Chief Judge and the Timing Manager.

Final results will be posted to the Cycling Southland website as soon as possible after the event.

AWARDS PRESENTATIONS

Medal presentations will be fluid over the event. Please be available when you are called.

Southern Cup Medals will be presented to the top 3 South Island Riders, and the ILT Southland Track Championship Medals will be presented to Southland riders registered with a Southland Club.

SOCIAL MEDIA

We encourage you to get involved in the event through social media. The key links are provided below:

Facebook	https://www.facebook.com/cyclingsouthland
Instagram	https://www.instagram.com/cyclingsouthland/
Website	https://www.cyclingsouth.org.nz/pages/southern-cup-championships-2026/
Event Hashtag	#CyclingSouthland #southlandtrackchamps

SAFETY COMMITMENT

Cycling Southland Incorporated is committed to providing and maintaining utmost health and safety standards, by ensuring that all risks and hazards associated with the event are adequately identified and managed to prevent harm from occurring to the event staff, participants and all other personnel involved in accordance with the Health and Safety at Work Act 2015. Please report any hazards or accidents/incidents to the Event Manager or Chief Commissaire.

SMOKE, VAPE, DRUG AND ALOCHOL FREE

The entire event is smoke, vape, drug and alcohol free. Please ensure all your supporters are aware of this.

CONTINGENCY PLANNING

The event recognises that there is the potential for circumstances outside of their control occurring that could result in the published event format and/or distance being adjusted in the interest of participant and officials safety. If inclement conditions exist, all decisions regarding the implementation of the contingency plan will be made by the Contingency Committee.

FIRST AID

Event Medical Support is provided on the infield of the velodrome, near the 'D'.

If you require medical assistance while not at the event, note the following Medical Centre on Duty:

Southland Hospital
Kew Road, Invercargill
(03) 218 1949

In an Emergency call 111

PROTEST FORM

Event: _____

Race: _____

Date: _____

Protesting School: _____

School Team Manager: _____

Contact Mobile: _____

Contact Email: _____

Name of Rider or Team: _____

Other Party (Rider, Team or Official): _____

Date/Time of Incident: _____

Location of Incident: _____

Nature of Incident (Brief Description): _____

Outcome Sought: _____

ORGANISERS USE ONLY

Date/Time Protest Received: _____

Protest Fee (\$50) Received/Held by: _____

Official Receiving Protest: _____

Passed to Chief Commissaire (Date/Time): _____