# Vital Signs - Tour de Lakes 2015

## Friday 03 April 2015

2.00pm Race briefing Cromwell

sponsored by: Golden Gate Lodge

3.30PM Prologue Individual Time Trial 5km Cromwell

Sponsored by: GOLDEN GATE LODGE

## Easter Saturday 04 April 2015

## Stage One

08.30am Start: Remarkables to Five Rivers

Sponsored by: MEE & HENRY LAW

A & B Grade 80km

C Grade & Ladies Start Kingston 45km

1.00PM Start: Five Rivers to Manapouri 80km (all grades)

sponsored by: PERFORMANCE INTERIORS LTD

## Easter Sunday 05 April 2015

#### Stage Three

09.30am Start: Manapouri to Te Anau 20km TT

sponsored by: DISTINCTION HOTELS

## Stage Four

1.00PM Start: Te Anau to Five Rivers 80km

Sponsored by: STEVE RHODES FEATURE CARS

# Easter Monday 06 April 2015

#### Stage five

08.15am Fern Hill Queenstown to Glenorchy 50km (Hilly Section)

Sponsored by: CYCLE SURGERY INVERCARGILL

#### Stage Six

12.noon Glenorchy to Moke Lake 45km (Hill Top Finish)

Sponsored by: CROWE-HORWATH

7.30 pm DINNER PRESENTATION AND AWARDS

Millennium Hotel Queenstown, (Bar opens 6.15pm)

Please note all distances are approximate. Further enquiries: www.cyclingsouth.org.nz Allan Dunn 021 773 701 or 027 773 7050