

**High Octane October**

Tickets from ILT Stadium Southland  
[www.cyclingsouth.org.nz](http://www.cyclingsouth.org.nz)  
 Commonwealth, Olympic and World Champions  
 IN HIGH SPEED ACTION

**2016 OCEANIA TRACK CYCLING CHAMPIONSHIPS**  
**8-11 OCTOBER, 2015**  
 at the SIT Zero Fees Velodrome, Invercargill

Logos: Oceania Cycling Confederation, Cycling New Zealand, ILT Foundation, SIT, UCI

## 2016 OCEANIA TRACK CHAMPIONSHIPS TRAINING SCHEDULE

### TUESDAY 6 & WEDNESDAY 7 OCTOBER 2015

TIME	CENTRE(S)	RIDER TOTAL
7.30 – 08.00	CNZ U19 (16)	16
08.00 – 10.00	CNZ U19 (16), SLD (15), CTB (5)	36
10.00 – 12.00	WCNI (5), WLG (2), AKL (6), ECNI (1), TAS (3), WBoP (8), MSC (6), OTG (3)	34
12.00 – 14.00	CNZ Elite (15)	15
14.00 – 16.00	WA (6), RDB (1), ACTAS (2), HDCC (3), NSW (6), NSWIS (11),	29
16.00 – 18.00	AUS (3), JCO (8), VIS (3), SASI (8), WAIS (2), TIS (4),	28
18.00 –	Track closed for ILT Junior Carnival	

Please note; these are your centre's official training/orientation sessions on both lead-in days, provided at no charge by Cycling Southland. Extra time can be booked at normal hire rates.

For queries please contact Melissa at Cycling Southland

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