

Roll Out Policy

GEAR RESTRICTIONS

For all riders the following gear restrictions apply:

- Roll out 7.93m for U19s (M&F).
- Roll out 7.00m for U17s (M&F).
- Roll out 6.00m for U15s.
- Roll out 5.60m for U13s.
- Wheels must have a minimum of 16 spokes and rims must not be made from composite materials. (excludes U19 Men & U19 Women)

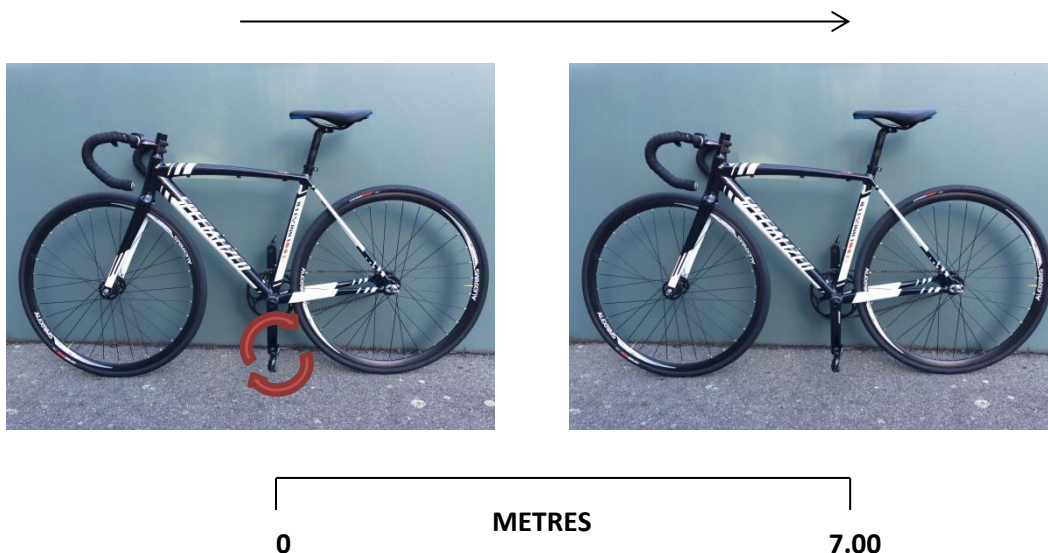
For all riders the following gear restrictions apply

- Gear checks will be carried out prior to the start of the race.
- Random checking will be done throughout a Tour (eg, Yunca)
- The first 5 riders across the finish line of each race must present their bikes for scrutineering and to confirm their placing.

Any rider found to have an irregular bike after racing will be disqualified from the race.

HOW TO ROLL OUT YOUR BIKE

Push bike backwards in biggest gear in a straight line



Pedal starts in vertical at 0 and rotates in direction of red arrow above and must be back within 7.00m (or whichever your roll out gearing restriction is)

RACE ROLL OUT PROCEDURE

Where possible the following race procedure will be put in place:

- If circumstances and the availability of officials allows, riders will roll out prior to race start to allow time for changes to gearing if required.
- A rider is responsible for making sure they turn up with the right gearing. However, if they are uncertain about gearing they can approach the race manager who will try to arrange for a roll out.

After every race the following procedure will be put in place:

- At the conclusion of the race, the first five riders must go directly from the finish line to the roll out area and see the appointed manager or commissaries in charge of roll outs.
- Only after their bike rolls out correctly can they leave the area.
- If riders are found to have an irregular bike then they will be disqualified and their placing will go to the next rider in the race as long as their bike meets the requirements.
- Race manager or commissaire will have final say in all bike roll outs and ultimately race placings.

These rules apply to both road and track races.